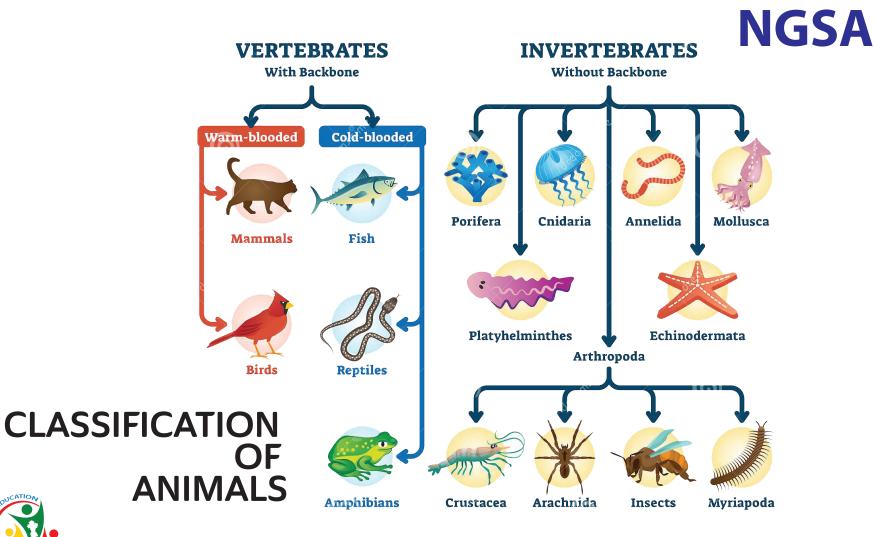
GUYANA NATIONAL CURRICULUM SCIENCE





MINISTRY OF EDUCATION National centre for educational resource development

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MINISTRY OF EDUCATION CURRICULUM Grade 5

wĸ	TOPIC/ SUBTOPIC	GENERAL OBJECTIVES	CONTENT	ACTIVITY	RESOURCES	EVALUATION STRATEGY
1.	Human Body	For pupils to	Exercise is a specifically planned	Defining the term	Let's Learn Science	Demonstration
		understand what	and organized session of physical	exercise.	Standard 3	
	Effects of	is exercise.	activity that you do to improve			Quiz
	exercise on		and maintain your physical fitness.	Explaining how the	Body chart	
	heart beat rate	For pupils to be	Exercise should be done in three	process of exercise	Clock	Paper and Pencil
	and breathing.	aware of the	stages.	should be followed.	Videos	Test
		importance of	They are: - warm up, workout and			
		exercise.	cool down.	Performing simple		
	THE LONG	TERM	Warm up is for a period of ten	exercises.	THE CHOPT	TEDM
	EFFECTS OF E	XERCISE	minutes. During this period your		THE SHORT EFFECTS OF E	
	raining for long periods of time (approx. 5 weeks +) h THE CIRCULATORY SY	s the following effects on the body:	heart beat rate gradually increase	Identifying body parts	When we exercise the body needs more oxygen a	
	The Circulatory System includes the heart, ar and involves the circulation of blood and * The heart becomes bigger and stronger and can ther more blood around the body.	eries, veins and capillaries, ymph around the body. fore pump	and your body temperature starts	involved in exercising.	CARDIOVASCULAR RESP Heart rate (the number of heart beats per minute)	
	Stroke Volume (the amount of blood pumped out of ventricle in one contraction) increases. Cardiac Output (the amount of blood pumped out of ventricle in one minute) increases.	he left	to rise. As the flow of blood to your		The amount of blood flowing around the body inc Vasodilation - Blood vessels leading to the muscles	eases.
	Arteries become more elastic. The number of red blood cells (haemoglobin) increas with the demands of carrying extra oxygen.	es to cope	muscles increases, they become	Viewing DVDS.	to allow blood carrying oxygen (O ₂) to flow more • Vasoconstriction - Blood vessels leading to the dige system close.	
	Resting heart rate decreases and recovery time after reduced. THE RESPIRATORY SY	exercise is	more flexible.			PONSE
	The Respiratory System includes the nasa lungs, and involves the body's br + Lung volume increases as the di	passages, windpipe and exthing system. phragm and intercostal muscles	Exercise helps us to have healthy	Differentiating between	Respiratory rate (the number of as does depth of breathing)	f breaths per minute) increases
	become stronger. • Tidal volume (the volume of air breath) increases. • The number of alveoli increases	nhaled and exhaled in each	body and mind. It helps you to	the types of exercises.	Tidal Volume (the volume of a breath) increases.	r inhaled and exhaled in one
	wore efficient. • VO ₂ max (the maximum volume minute) increases.	of oxygen the body can utilise per	look good by having a well		The rate of gaseous exchange	
	THE SKELETAL/MUSCLE The Skeletal System is the framework of bo The Muscular System effects movement a		sculptured body.		RESPIRATION IN MUSCLE	
	tissues and organ + Bones become stronger as more calcium is produced Tendons become stronger and ligaments become mo	e flexible	There are two kinds of exercises.	Reading pamphlets	 Increased muscle contraction means that more ene needed as we begin to exercise. To produce energy, muscles use more oxygen (O₂) 	
	Cartilage becomes thicker and as a result, is a better absorber.	thock	They are aerobic and anaerobic.	and brochures on	glucose from the blood. • Where oxygen (O ₂) is not available; lactic acid is cr	ated.
			Aerobic exercise targets the whole	exercises.		7

			body, e.g. Walking, running,			
			swimming. This type of exercise			
			increases the heart rate. As a			
			result, more oxygen is taken in and			
			distributed throughout the body.			
			Aerobic exercise strengths the			
			heart, lungs and bones. It burns			
			calories, helps your body conserve			
			some nutrients and aid digestion.			
2	Human Body	For pupils to be	Fats are compounds that can be	Listing foods high in fat.	Pictures	Written work
		aware of healthy	solid or liquid at room		Video	
	Effects of a High	diets.	temperature. Fats usually contain	Observing and sorting		
	Fat Diet		only three elements namely	pictures.		
			carbon, hydrogen and oxygen.			
		For pupils to	Fats supply energy to our body.	Researching the effects		Scrapbook
		recognize the	They are richer in energy than in	of fats on the body.		
		effects of a high	carbohydrates.			
		fat diet.	Fats can be sourced from both	Discussing the effects		
			plants and animals. Animal fats	of fats on the body.		
			contain cholesterol. Doctors			
			believe that cholesterol is involved	Creating a scrap book		
			in forming deposits inside blood	on healthy and		
			vessels. This results in poor blood	unhealthy fats and		
			circulation and sometimes heart	foods.		
			attack or stroke. For this reason			

many doctors prescribe diets low
in cholesterol.
When a person eats more fat than
the body can use, the excess is
stored as body fat. Body fat
occurs mainly under the skin and
also around many internal organs.
If too much fat is stored around
the heart, it puts pressure on it
causing it to slow down the
process of heart beat. This can
result to periods of heart attack.
Fats help the body
- to dissolve so-called "fat-soluble"
vitamins—A, D, E and K—are
stored in the liver and in fatty
tissues.
- store energy,
- insulate us and protect our vital
organs.
- They act as messengers, helping
proteins do their jobs.
Too much fats in the body can
have negative effects such as
Weight gain, Constipation, Heart
disease, Slow metabolism, Obesity,

3	Human Body	For pupils to understand how	high blood pressure, uncontrolled diabetes Review activity Scrapbook Our body produces wastes in the form of solid liquids and age Solid	Observing learning	Learning Video	Group work
	Body Waste The Excretory System	our body gets rid of waste.	form of solid, liquids and gas. Solid waste is composed of the parts of foods that could not be digested. Liquid and gaseous wastes are by- products of activities of the body cells. The skin excretes some wastes through its pores when you perspire. Your lungs expel carbon dioxide, a gaseous waste, when you exhale.	video on body wastes and excretion process. Defining the term waste and excretion. Identifying organs that are responsible for wastes in the body.	Science Around Us Bk 5 Modern Science Book 5 Pictures Pamphlets. Resource Personnel	Paper and Pencil Test Quiz Compile a Portfolio

For pupils to	<u>Body wastes</u>	Explaining the sources	
become	Some body wastes are faeces,	of body waste.	
knowledgeable	carbon dioxide, perspiration, urine,	Identifying forms of	Kidaar
on the organs	tears, dead cells (inflammation).	body waste.	Kidney
responsible for	When we breathe out, we exhale	body wasie.	
getting rid of	carbon dioxide and water vapour.	Naming ways how our	Ureter
waste.	Undigested foods are stored in the	body gets rid of waste.	
	large intestine and passed out of	Relating the side	
	our body through the anus as	effects of having body	Bladder
	faeces.	waste stored in our	↓ Urethra
	When we do heavy work or	body.	Structures of the Everatory System
	exercise, we pass out water in the	Listening to a medical	Structures of the Excretory System
	form of perspiration through our	person talk on topic.	- Kidnevs
	skin. This water has salt and other		Filter excess water, urea and
	waste dissolved in it.	Listing wastes of the	metabolic waste from blood
	Urine is made up of water and	excretory system and	
	dissolved wastes that come from	the skin.	- Ureters
	the blood. This is filtered by the		- Transport urine from kidneys to Lung Ureters transport urine
	kidney and passes out as urine.	Identifying parts of the	Uiduuei from each kidney to the urinary bladder.
	Tears come from the eyes and	excretory system	Uriners bladden
	contain pathogens which do not	(exclude the skin)	Storos urino
	get into our eyes.		
	<u>Review Activity</u>	Explaining the role of	- Urethra
	Pupils will create informative	each part of the	- Releases urine outside the body
	pamphlet/newsletter on the	excretory	
	following topics:	system.(excluding the	

4.	Animal	For pupils to	Invertebrates are animals that do	Defining terms.	Let's Learn Science	Group work
	Kingdom	understand the	not have back bone and internal		Standard 3	
		features of	skeleton. These invertebrates have	Identifying		
	External	invertebrates.	external skeleton or exo-skeleton.	invertebrates by	Science Around us bk 5	Paper and Pencil
	Features of			certain features.		Test
	Invertebrates.	For pupils to know	Invertebrates are cold blooded.		Samples of	
		the types of	They are found everywhere and	Naming the body parts	invertebrates	
		invertebrates.	they have different body structure.	of invertebrates.		Quiz
			Some have long bodies, others		DVD player	
			soft bodies. Some have jointed	Grouping invertebrates		Compile a
			legs and bodies divided into parts.	according to special	DVD	Portfolio
			Some have soft bodies protected	structure.		
			by hard shell. Some can fly while			
			others cannot.	Listing different types of	Table comparing and	
			Invertebrates are grouped	invertebrates.	contrasting	
			Invertebrates are grouped		characteristics of the	
			according to common structures.	Identifying the	groups of invertebrates	
			The main groups of invertebrates	characteristics of the		
			are arthropods, molluscs and	groups of invertebrates.		
			worms. Some invertebrates have			
			many legs while others have none.	Naming examples of		
			There are four groups of	invertebrates from		
			arthropods – insects, arachnid,	each group.		
			crustaceans and myriapods.			
				Comparing and		
				Comparing and		
			[contrasting	<u> </u>	

				characteristics of		
				various groups of		
				invertebrates		
				Viewing DVD on topic.		
4.	Animal	For pupils to:	The observable external features	Reporting findings	Wide variety of	Compile
	Kingdom	cultivate the habit	of invertebrates can be used to	during class discussion	invertebrates as used	Scrapbook
			put them into different groups.	on groups of	in previous lesson	Research
	Crouning	of grouping invertebrates	While most have an external	invertebrates.	Pictures of	Kesedicii
	Grouping Invertebrates	based on	skeleton, a major difference is in			Oral and Written
	inveriebraies	external features.	their body appendages, of wings	Summarizing external	invertebrates	Work
		external features.	and legs. Worms have no wings or	features in small	cardboard	
		know that there is	legs. Insects have six legs, one or	groups.	paste	
		a wide variety of	two pairs or no wings. Arachnids		pasie	
		invertebrates.	e.g. spiders have eight legs.	Using organisms from	Video	
			Crustaceans, e.g. crab, shrimp	previous lessons and	Activity Sheet	
			and lobster, have ten to twenty	the features observed,		
			legs and no wings. They have a	pupils arrange the		
			hard shell. Myriapods e.g.	organisms		
			millipedes and centipedes have	(invertebrates) into		
			more than twenty legs. Molluscs	groups with respect to		
			e.g. snails protect their bodies by a	number of legs (no		
			hard shell.	legs, 6, 8, 10 or more		
				than 10 legs), wings		
				and type of		
				exoskeleton.		

			Γ		Invertebr	rates
				Summarizing	THEFTED	4105
				information as follows:	Animals without backb	ones
				Group Main features	EX O	ON
				Examples	5	
					Protozoa Annelids	Mollusks
				Collecting and pasting	The Less	
				on cardboard pictures		- ANN
				of at least one	Echinoderms	Arachnids
				invertebrate from each		
				group.	Insects	
5.	Grouping	For pupils to	Many young insects do not look	Observing flower or	Egg, larva (caterpillar)	Draw life cycles
	Invertebrates-	understand that	like the adult. Insects develop in	kitchen garden for	pupa, adult butterfly or	and label stages.
		insects develop in	stages. The sequence of stages is	eggs laid by butterfly or	moth. Egg, nymph	
		stages.	called metamorphosis of Life	moth on leaves, usually	and adult cockroach	
	Life Cycles-		Cycle (many changes of form). For	the lower surface.	or grasshopper Honey	Group life Cycles
	Insects		example, the butterfly passes		bee or wasp	according to
		For pupils to	through four stages of egg, larva		(marabunta) nest	stages.
		observe stages in	(caterpillar) egg, larva,	Collecting samples of	Pictures of stages in life	
		the life cycle of	(caterpillar), pupa and imago	eggs of caterpillars,	cycle of insects	Egg
		an insect showing	(adult). This is called complete or	grasshopper, and		
		complete or	gradual metamorphosis.	cockroach for		Butterfly
		gradual		observation.	Science Around Us	Life Cycle
		metamorphosis			Bk.5	- multiplan
		and another	The cockroach passes through		Chrysa (Pupa	is Caterpillar (Larva)
		showing	three stages of egg, nymph and	Writing observations		
	L	L	L	L	L	

		incomplete or	imago (adult). This is called	daily.		
		direct	incomplete or direct		Life Cycle of the Mosqui	to
		metamorphosis.	metamorphosis. Other insects that		Eggs are laid on the surface of stagnant	ester
			show complete (gradual)	Presenting	Adult mosquitoes can fly Female mosquitoes feed on blood	2 to 3 days
			metamorphosis are the housefly,	observations.	Male mosquitoes feed on plant nectar and juices	
			mosquito, honey		Adult	-Larva wriggles about in
						the water -Feeds on tiny food particles, dead plants and
				Study pictures of life) A (/	algae -Changes skin as it grows
			Egg or larva is place in a box or	cycles of insects.	/ N - A TATA	_ /
			bottle. After, which it is covered			K 8 to 10 days
			with a net or gauze-like material to		1 to 2 days	-Pupa is comma-shaped
			allow gases to enter and leave.			rols and tumbles in the water does not eat
			The caterpillar is fed with leaves			
			from the tree on which it was			
			found			
5	Animal	For pupils to	The life cycle of a toad or frog has	Discussing the stages of	Let's Learn Science	Group work
	Kingdom	relate the stages	four stages similar to complete or	the life cycle of a frog.	Standard 3.	
		of metamorphosis	gradual metamorphosis. The cycle		Samples of frog's eggs,	
	Life Cycle of a	to the life cycle of	begins with the egg and then		tadpoles	
	Frog.	a frog.	followed by a tadpole which has a	Drawing the stages of		Paper and Pencil
	nog.		body and a tail. The third stage	the development of a	Pictures	Test
			has a larger tadpole with hind legs	frog.		
			followed by the final stage which			
			looks like the adult. This life cycle is		Chart	
			similar to that of an insect in that	Relating the life cycle		
			the young does not resemble the	of a frog to		Quiz

			adult. It is the final stage that	metamorphosis.	DVD player	
A	lult frog	Embryo Tadpoles clinging	reveals the type of adult. Diagram of the life cycle of a frog	Viewing DVD. Compiling scrap book	DVD	Compile a Portfolio
Young fro	g Ex for Tail becomes shorter Lives from for stored in the stored in the	ernal gills breathing Tail keeps on growing dil Hindlegs appear		Collecting frog's eggs and tadpoles Observing the stages of change.		
6.	Plant Kingdom	For pupils to be aware of the parts	THE PARTS OF A LEAF	Supervising pupils on field trip and Exams a	Science Around Us Book 5.	Group work
	The Leaf and its Functions	of a leaf.	Tip Blade	leaf.	Samples of a leaf	Practical Exercise
		For pupils to appreciate the importance of the leaf.	Base Midrib Petiole (leaf stalk)	Naming parts of a leaf.	Pictures Chart	Paper and Pencil Test Quiz
		For pupils to develop an understanding of	Folder (Ical Stally)	Identifying the parts of a leaf.		Compile a Portfolio
		the processes the leaf goes through.		Discussing the process of Respiration and		
			The tip of the leaf is called apex.	products involved.		

Leaf Functions • Manufacture food through photosynthesis • Gas (Air) Exchange – Respiration • Protect vegetative and floral buds • Water Transport – Transpiration • Store Food During Germination The flat surface of the leaf is called lamina or blade. The edge of the leaf is called the margin. The midrib is found at the back of the leaf. The leaf also have vein. The stomata are the tiny holes found on the leaf to allow water to get in and out of the leaf.

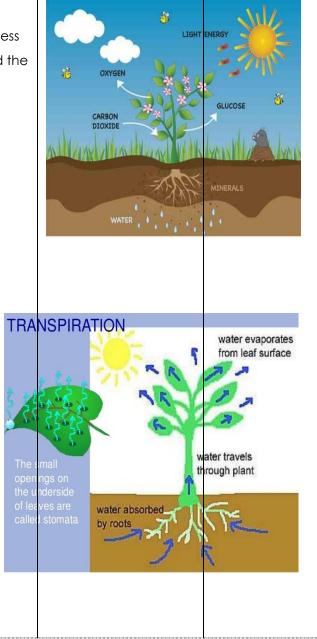
FUNCTIONS THE LEAF.

Respiration

The leaves of a plant take in oxygen during the night through the stomata. The oxygen is taken to the cell in the leaf where the stored food is burned up. Energy is released so that the plant can grow. Carbon dioxide is given off as waste.

<u>Transpiration</u>

Transpiration is the process where plants loose water in liquid form. This water is a form of waste and passes out through the stomata. Some leaves store food. Many of Discussing the process of transpiration and the products.



			these leaves are thick and fleshy.			
			Some leaves that store food are			
			aloe, onion, cabbage.			
6.	Plant Kingdom	For pupils to	FUNCTIONS THE LEAF	Explaining the process	Science Around Us	Group work
	-The Leaf and its	appreciate the		of photosynthesis.	Book 5.	Practical
	Functions	importance of the				Exercise
	Tonchons	leaf.	Photosynthesis is the process			EXCICISE
			whereby the plant makes food.	Listing the products	Samples of a leaf	
~2	Process of Pho	tosynthesis	The word 'photo' means light. This	needed for		Paper and Pencil
		losymmetris	process is done during the day.	photosynthesis.		Test
X	Sunlight	Oxygen	The plants need water, mineral		Pictures	1051
3	6 7	Oxygen	salts, sunlight and carbon dioxide			
1	- (20)		to make food. The process of			Quiz
	Carbon		photosynthesis is done in the leaf.		Chart	
		Sugars	The plant gets water and mineral			
Carlos and		at a company	salts from the soil. It gets carbon			Compile a
-	Water	30	dioxide and sunlight from the			Portfolio
1.:a.∠	72(A))	a a	atmosphere. The food the plant			
a ala	my stock photo	HKJDF5 www.atomp.com	makes is called carbohydrates.			
			Oxygen is given off as a waste.			
			13			

6.	Plant Kingdom	For pupils to	Many plants are reproduced from	Defining terms.	Science Around Us	Group work
		appreciate seeds	seeds. Seeds have many size and		Book 5.	
	Function of	and their	shape. Some are hard and some	Identifying different		
	Seed parts.	functions.	are soft.	types of seeds.	Pictures	Paper and Pencil
						Test
			A	Examining a seed to	Seeds	
			Parts of a Seed	identify parts.		
Parte	of a Seed:		testa or		Water	Quiz
	e- The mature embryo cons	sixts of an embryonic root	plumule seed coat	Naming parts of a		
• Epicot	yl- is the portion of the emb	ryonic stem above the point	first shoot of the plant	seed.	Chart	Compile a
	ch the stem is attached to a	the cotyledon(s). e point of attachment. It is	arying out			Portfolio
conne	cted to radicle.		radicle	Explaining the function		
	don- is described as a seec f starch and protein for use	l leaf that stores food in the by the embryo.	root of the plant	of each part of the		
	· · · · · · · · · · · · · · · · · · ·	organism before it emerges		seed.		
		ood, consisting primarily of	contains the stored food for initial growth	Parts of a Lima Bean	Seed	
• Seed o	oat- consists of one or more	e protective layers that		cotyledon		- hypocotyl
	e the seed. bryo of a monocotyledon (monocot) plant has one	The radicle and plumule together make up the	hilum		epicotyl
	don, while that of a dicotyle		embryo of the plant	micropyle		testa
conjic				testa, or seed coat		cotyledon
			Function of the parts.	seed coat		,
			Seed coat protects the seed from			
			disease and insects. It will swell for			
			the process of germination.			
			Plumule will grow into the young			

					shoot. Radicle will grow into the root. Micropyle will allow water to enter the seed. Cotyledon provides food for the young plant. Embryo will grow into the new plant.			
7.	Plant Kingo		the d	upils to know ifference	Plants can be separated into two distinct categories:	Identifying seeds that are monocotyledons.	Science Around Us Book 5	Group work (research)
	Monocotyledon ous Plants		between monocotyledons and dicotyledons		monocotyledons and dicotyledons.	Identifying features of monocotyledonous	Samples or specimen of leaves, roots, seeds	Paper and Pencil Test
Charact	eristics of Mono		Dicots	-	Monocots differ from dicots in four distinct structural features: leaves,	plants.	and flowers	Quiz
Monocots	Seeds Single cotyledon	Parallel	reins	Flowers Floral parts often in multiples of 3	stems, roots and flowers. The differences start from the very beginning of the plant's life cycle:	Drawing diagrams of leaves and roots of monocotyledonous plants.	Roots Many roots spread out	Compile a Portfolio
Dicots	Two cotyledons	Branche	d veins	Floral parts often in multiples of 4 or 5	The Seed: Within the seed lies the plant's embryo. Plants with one cotyledon are called monocotyledonous plants.	Participating in classifying game.	One main root	

[Roots:			
			Once the embryo begins to grow			
			its roots, another structural			
			difference occurs.			
			Monocots tend to have "fibrous			
			roots" that web off in many			
			directions.			
			Leaves:			
			Both monocots and dicots form			
			different leaves. Their parallel veins			
			characterize monocot leaves.			
			Flowers:			
			The last distinct difference			
			between monocots and dicots			
			are their flowers (if present).			
			Monocot flowers usually form in			
			threes.			
			Monocotyledonous plants -rice,			
			palm, and awara.			
7.	Plant Kingdom	For pupils to know	The differences between	Identifying seeds that	Science Around Us	Group work
7.		the difference	monocots and dicots start from	are dicotyledons.	Book 5	(research)
	Dicotyledonous	between	the very beginning of the plant's			
	Plants	monocotyledons	life cycle:	Identifying features of	Samples or specimen	Paper and Pencil
		and dicotyledons.		dicotyledonous plants.	of leaves, roots, seeds	Test
			Within the seed lies the plant's		and flowers	

embryo. Plants with two	Drawing diagrams of	Quiz
cotyledons are called	leaves and roots of	
dicotyledonous plants.	dicotyledonous plants.	Compile a
Roots:		Portfolio
Once the embryo begins to grow	Participating in	
its roots, another structural	classifying game.	
difference occurs.		
Dicot roots also contain one main		
root called the taproot, where		
other, smaller roots branch off. The		
fibrous roots occupy the upper		
level of the soil in comparison to		
dicot root structures that dig		
deeper into the soil.		
Leaves:		
Both monocots and dicots form		
different leaves. Dicots form net		
"branching" veins.		
Flowers:		
The last distinct difference		
between monocots and dicots		
are their flowers (if present). Dicot		
flowers occur in groups of four or		
five.		
Dicotyledonous plants –		

			tomato, bora, and pigeon peas.			
8.	Environment	For pupils to be	Materials from plants and animals	Defining the terms	Small transparent	Group work
		aware of	are called organic. These	biodegradable and	plastic containers	
	The decay of	materials which	materials include leaves, flowers,	non- biodegradable.		
	plant and	are	fruits, stems and roots of plants.		Clear cellophane bags	Paper and Pencil
	animal	biodegradable	Animal materials include their	Differentiating between		Test
	materials.	and which are	flesh, faeces, skin, hair, fur. Most of	biodegradable and	Bread, fruits,	
		non-	these organic materials rot or	non-biodegradable.	vegetables, leaves,	
		biodegradable	decay over a period of time.		grass, plastic objects,	Quiz
			Similarly, when plants and animals	Explaining how to set	glass, metals, water,	
			die their bodies rot or decay over	up demonstrations.	soil	Compile a
		For pupils to	a longer period of time.			Portfolio
		investigate how	The process of decay or	Predicting which		
		organic	decomposition causes substances	materials will rot or		Demonstration
		(plant and	that make up plants and animals	decay first, which will		
		animal) materials	to go back into the earth and the	decay later and which		
		decay	world. Materials such as fruits,	will never decay.		
			paper, cardboard and cotton that			
			decay within a short period of time	Performing		
			are said to be biodegradable.	experiments.		
			Materials such as plastic, glass and			
			metals which will not decay are	Making observations.		
			said to be non-biodegradable.			
				Viewing DVDS.		

				Reading pamphlets		
				and brochures on		
				biodegradable and		
				non-biodegradable		
				materials.		
				Discussing the benefits		
				of using biodegradable		
				materials.		
8.	Environment	For pupils to state	Man's activities produce many	Defining the terms	Pictures of different	Group work
		some common	wastes. Garbage and litter from	waste and disposal.	types of wastes and	
	Wastes and	wastes.	home make up domestic wastes.		their methods of	Paper and Pencil
	their disposal.		The wastes given off by factories	Field trip to observe	disposals.	Test
			include smoke, fumes, heat and	litter, garbage and		
		For pupils to be	poisonous chemicals. These are	rubbish heap.		Quiz
		aware of the	called industrial wastes.			
		different types of	Agricultural wastes include	Listing and classifying		Compile a
		wastes and their	manure, trash and plastic. Urine	wastes produced in		Portfolio
		method of	and feces are called biological	home, farm, factory		
		disposal.	wastes. Proper and safe methods			
			of waste disposal are necessary to	Discussing ways in		
			prevent pollution of the soil, water	which each set of		
			and air. These methods include:	wastes can be best		
			Proper collection and storage of	disposed of.		
			wastes.			

			Recycling wastes that are reused	Viewing DVDS.		
			in manufacture of new materials			
			and goods. Biodegradable wastes	Reading pamphlets		
			eg., grass and faeces can be	and brochures on		
			recycled to produce compost	disposal of wastes		
			and biogas. Non-biodegradable	materials.		
			wastes eg., glass and plastic can			
			be recycled.	Discussing the benefits		
			Burning combustible material.	of good disposal of		
			Proper disposal of faeces and	wastes materials.		
			urine.			
			Filling up land and useless ponds			
			and trenches with wastes.			
			Proper management of sites with			
			dumped wastes.			
9	Environment	For pupils to be	Materials that we use in the home,	Defining the terms such	Books	Group work
		aware of the	school and at workplace must be	as materials, resources		
	Conservation of	ways by which	used properly and wisely so as to	and conservation.	Magazines	Paper and Pencil
	materials.	materials	preserve them and prevent			Test
		including	wastage. These materials include	Discussing ways by	Posters	
		resources can be	foodstuff, clothing, stationery,	which materials		Quiz
		conserved.	furniture, medicines and	including resources can	Pictures	
			agricultural inputs.	be conserved.		Compile a
			Other materials such as the soil,		Newspaper clippings	Portfolio
			water and minerals are called	viewing posters and		
			resources.	pictures about		

			The wise use of materials and their	conservation of		
			preservation is called	materials and		
			conservation. Some methods of	resources.		
			conservation include:			
			Using only the amount of materials	Compiling folio on		
			needed.	conservation of		
			Storing properly all unused	materials and		
			materials.	resources.		
			Recycling materials e.g., paper,			
			glass, plastic, aluminium cans, as	Discussing the benefits		
			discussed in previous lesson.	of conserving materials		
			Avoiding the pollution of land,	and resources.		
			water and other resources in the			
			environment.			
			Making alternative uses of some			
			materials, containers etc.			
10	Environment	For pupils to be	he improper use of materials	Reviewing methods of	Books	Group work
		aware of the	which results in harm to the	waste disposal.		
	The causes,	causes, effects	environment leads to pollution.		Magazines	Paper and Pencil
	effects and	and prevention of	Pollution is often caused by man	Field trip to observe		Test
	prevention of	pollution of land,	and affects land, water and air.	any signs of pollution.	Posters	

the pollution of	water and air.	Land pollution often results from			Quiz
land, water and		improper disposal of wastes from	Discussing the causes,	Pictures	
air.		human activities and from	effects and prevention		Compile a
		animals. This includes dumping of	of pollution of land	Cardboard	Portfolio
		litter and use of agricultural	water and air.		
		chemicals. Water is also polluted		Markers	
		by litter, garbage and chemicals	Reading to obtain		
		from factories and by oil spills.	more information on	Paste	
		Smoke from fires and vehicles and	pollution and		
		also toxic fumes from the burning	prevention.		
		of plastic and rubber pollute the			
		air. Pollution of land results in foul			
		smell, spread of diseases and			
		reduction in soil fertility.			
		Contaminated water spreads			
		diseases such as gastro-enteritis,			
		typhoid, diarrhea and cholera.			
		Polluted air results in smogs and			
		affects breathing by both plants			
		and animals.			
		Damage to the protective filtering			
		layer of the atmosphere, that is			
		the ozone layer, results in skin and			
		other diseases. Pollution can be			
		prevented by proper disposal of			
		wastes; restricting use of			

			agricultural chemicals; keeping			
			water ways clear of grass and			
			weeds; reduce or stop the burning			
			of plastics and rubber; use treated			
			petrol; reduce the use of aerosol			
			sprays.			
11.	Weather	For pupils to be	The weather which includes the	Identifying instruments	Books	Group work
		aware of the	sun, rain and wind affects humans,	used to measure		
	Effects of the	effects on	other animals, plants and the	weather which help	Magazines	Paper and Pencil
	weather	humans and the	environment. The sun which	humans to predict and		Test
		environment.	provides heat and light helps	take appropriate	Posters	
			plants and animals make food to	actions		Quiz
			grow and develop. Rain provides		Pictures	
			water for drinking and other	Field trip in the school		Compile a
			domestic purposes, It also helps	yard and immediate	Weather reports from	Portfolio
			plants and animals to grow. Too	environment to	newspaper clippings	
			much rain can result in floods	observe effects of the		
			which can ruin homes and crops.	weather.		
			Very high tides have a similar			
			effect.	Discussing the effects		
			Too little water results in drought	of weather.		
			which reduces the growth of crops			
			and animals. The wind keeps us	Reading to obtain		
			cool. It helps birds and some	more information		
			animals fly.	about the effects of		

			Strong winds can cause damage	weather.		
			to life and property. Very strong			
			winds like hurricanes result in	Viewing posters and		
			damage to buildings, crops,	pictures about the		
			animals and humans.	effects of weather.		
				Compiling folio about		
				the effects of weather.		
11.	Weather	For pupils to be	The sun, water and wind cause	Field trip in the school	Books	Group work
		aware of the	rocks to break up into smaller	yard and immediate		
	Effects of the	effects of the sun,	pieces. This process is called	environment to	Magazines	Paper and Pencil
	sun, water and	water and wind	weathering. Heat from the sun	observe any signs of		Test
	wind on rocks.	on rocks.	causes rocks to expand during the	weathering.	Posters	
			day. At nights the rocks cool down			Quiz
			and get smaller. When this	Demonstrating the	Pictures	
			expansion and contraction occur	effects of water falling		Compile a
			over a period of time the rocks	on ice.	Ice	Portfolio
			crack and break up. Rain and			
			water falling on rocks over a long	Discussing the effects	water	Demonstration
			period of time cause some parts	of weathering.		
			to wear away slowly. This can lead			
			to the formation of cracks. The	Reading to obtain		
			wind can break off small pieces of	more information		
			rocks from larger ones. It can also	about the effects of		
			pick up small stones and sand and	weathering.		

			hit them against larger pieces of			
			rocks thereby breaking them into	Viewing posters and		
			smaller pieces.	pictures about the		
				effects of weathering.		
				Compiling folio about		
				the effects of		
				weathering.		
12.	Materials	For pupils to know	Sugar added to water seems to	Defining terms such as	Water/drink bottle	Group work
		what are solute,	disappear. However, sugar added	solute, solvent and	caps	
	Solutes, solvents	solvent and	to oil does not change. The sugar	solution.		
	and solution.	solution.	is said to dissolve in the water but		Sugar, salt, flour	Paper and Pencil
			not in the oil. Materials that	Making predictions		Test
			dissolve in another are said to be	about which materials	fruit juice	
			soluble. For example, sugar and	will dissolve in some		
			salt are soluble in water. Materials	common liquids.	sand	Quiz
			that do not dissolve in water			
			insoluble. For example, sand is	Setting up experiments	plastic	Compile a
			insoluble in water.	to test the solubility of		Portfolio
			When a substance dissolves in	some materials such as	milk	
			another, a solution is formed. The	salt, sugar and flour.		Demonstration
			substance that dissolves is called		powder	
			the solute while that which does	Making observations		
			the dissolving is called the solvent.	and recording results.	soap powder	

			Solutes are usually solids while			
			solvents are usually liquids. Oil	Interpreting results of	water	
			paint and tar are soluble in	investigations.		
			kerosene but not in water. While		oil	
			milk and fruit juices are soluble in	Completing home		
			water but not oil.	assignments.	oil paint	
					tar	
					kerosene	
13.	Materials	For pupils to	The rate at which some materials	Discussing in groups	Sugar water (cold,	Group work
15.	Malenais	understand what				Gloup work
			(solutes) dissolve in other materials	what speeds up the	warm and normal)	
	The rate at	speeds up the	(solvents) can be increased by	process of dissolving.		Paper and Pencil
	which materials	dissolving of	stirring and raising the temperature		Sanitary cups	Test
	dissolve	materials	of these solvents. These processes	Setting up experiments		Quiz
			are common in the making of	to investigate the	Plastic spoon	
			beverages, tea, coffee and in	speed at which		Compile a
			some other cooking procedures.	materials such as sugar		Portfolio
				and salt dissolve.		
				Making observations		Demonstration
				and recording results.		
				Interpreting results of		
				investigation and		
				discussing findings.		
14.	Materials	For pupils to	Mixtures can be separated by	Discussing in groups	Peas , rice,	Group work
		understand how	different methods.	how materials can be	Sand, salt,	Paper and Pencil

	•	substances in		separated.	Water, sanitary cups,	Test
	Separating	mixtures can be		Setting up experiments	funnel, table	Quiz
	mixtures	separated		to separate simple	tissue/paper towel	Compile a
				materials.	Filter paper	Portfolio
				Making observations		Demonstration
				and recording results.		
				Interpreting results of		
				investigation and		
				discussing findings.		
14.	Separating	For pupils to	Separating mixtures	Discussing techniques	Science around us bk 5	Oral and written
	mixtures	explain how	Mixtures can be separated by	Demonstrating		questions
		substances in	different methods	processes		Experiment
		mixtures can be				Experiment
		separated	-sieving	Recording information		
		Demonstrate the	-filtering	Discussing		
		processes of	-evaporation,	demonstrations		
		separating	Magnetism.	drawing		
		techniques				
15.	Phases of the	For pupils to	The largest and brightest object in	Experimenting to show	Let's Learn Science	Oral Work
	moon	recognize the	the night sky is usually the moon.	how the moon gets its	Standard 3.	
		main phases of	The moon travels around the Earth	light and the phases		
		the moon.	in an anticlockwise direction. It	are reflected.		Group Work
			makes a complete orbit in about		Modern Science Book	
			28 days (a lunar month).		5.	
		For pupils to		Setting up experiments		Making a model.
		explain how the		to demonstrate how		

		main phases of	The moon does not produce light	the phases of the	Science Around Us	Written Work
		the moon come	of its own. We see it because it	moon come about.	Book 5.	
		about	reflects light from the sun. At			
			different times of the month			
			different parts of the moon are lit	Observing and	A ball to represent the	
		For pupils to	up by the sun.	recording the shape of	moon.	
		observe the		the moon or its phases.		
		shapes of the	As such, the moon appears to	Drawing the phases of		
		moon as it travels	have different shapes during the	Drawing the phases of	Torch light	
		around the earth.	month and these are called the	the moon.		
	-		phases of the moon.	Observing the moon		
				every evening about	Globe	
	WAXING GIBBOUS	WAXING CRESCENT		the same time for thirty		
		— — — <mark>s</mark>	The moon phases begin with the	days and draw its	FIRST QUARTER	
MEU.		NEW MOON	new moon which we cannot see	shape for each day in		
	WANING GIBBOUS	WANING CRESCENT	in the night sky.	a rectangle.		
	GUARTER		Understand the term "Gibbous"		GIBBOUS	CRESCENT
15.			The next phase is the crescent	Write the date at the	FULL MOON	NEW
			when only a small part of the	bottom of the drawing.	MOON PHASES	MOON
			moon is visible. The half- moon			0
			appears next. As the moon is	Drawing the different	WANING	WANING CRESCENT
			getting fuller, the phase is called	phases of the moon.		CRESCENT
			gibbous . When the whole moon is	Identifying the main		
			seen it is called full moon .	phases of the moon.	LAST QUARTER	
			The phases that follow show the	Examining the		

			 moon beginning to get smaller and so goes through the gibbous, half-moon and crescent stages again until the new moon phase is entered once more. The other main phases are the first quarter and last quarter (third quarter). Other Terms that are essential : Waxing' Waning Crescent 	calendar. Comparing the phases of the moon with those on the calendars.		
16.	Relationship between tides	For pupils to research and	A tide is the rise and fall of the water along the ocean shore.	Researching tides and moon phrases using	Internet	Presentation
	and moon	analyze the	Tides are mainly caused by the	texts and internet	Cell phones	
	phrase	relationship between tides and moon phrases	gravitational pull of the moon on the earth. The moon has a stronger pull on the part of the earth it is closest to. This pulling	Discussing data from research Interpreting diagrams	Science text	
			causes water to move to the part of the earth being pulled. The	of tide and moon phrase relationship		
			moon also pulls the earth away from the opposite side of the earth. The water level rises along	Modeling the diagrams using materials in the		

			the coast. This rise is called high	environment		
			tide while the fall is called low tide.	Labeling diagram		
17.	Energy	For pupils to	What is sound?	Identifying things in the	Objects in the	
	How Sounds are	understand and	Sound is a form of energy caused	environment that	environment	Practical work
	made.	appreciate the	by something vibrating.	produces sounds.		
	made.	production of	by somerning violating.			
	How sounds	sounds.	How sounds are perceived?		Science Around Us Bk 5	Group
	travel	To become	Sound is a form of energy that you	Make sounds and	Sanitary cups	presentation
			can hear caused by something	differentiate among		preservation
		aware of how	vibrating.	them.	string	Making models
		sounds travel.	vibraning.	Classify sounds as loud		Portfolio
			Sound vibrations, remember, are			
	***********		also called sound waves.	or soft.		
		N N	How sounds travel?	Discussing how sounds		
oV	Sound	90 N 1		travel.		
0 9	//	SEX 1.	Sound vibrations travel in a wave	Making instruments to		
	Å	J	pattern, and we call these	Making instruments to		
			vibrations sound waves. Sound	transmit sounds		
			waves move by vibrating objects	String vibrates	Membrane vibrates	
+			and these objects vibrate other		Contra la	
Fr			surrounding objects, carrying the	In this way is produce to vibr.	ed due	
			sound along.	Pharynx vibrates	Diaphragm vibra	tes
			What can sounds pass/ move		d	
			through?	(Z.)		

			Sound can move through the air,			
			water, or solids, as long as there			
			are particles to bounce off.			
18.	Energy -	Pupils will	We hear sounds with our ears.	Discussing topic.	Model of the ear.	Group Work
	How we hear.	become	Sound vibrations are collected by			
	now we near.	knowledgeable	our earflaps and pass along the			
		about the organ	ear canal. These vibrations make	Displaying and	Chart with a diagram	Paper and Pencil
		that is used for	the thin skin-like ear drum vibrate.	observing models and	of the ear.	Test
		hearing.		charts of the ear.		
			The vibrations pass through the rest		Science Around Us Bk.	Game
		Pupils will be able	of the ear, that is, the middle ear	Explaining how the ear	5	
		to explain how	to the inner ear, and messages are	works.		
		the ear works for	sent by nerves to the brain.			Written Work
		us to hear.			Video on how we	
				Observing learning	hear.	
			The brain interprets the vibrations	video on how the ears		
		Pupils will be able	as sounds. All this happens very,	work.		
		to observe and list	very quickly.		Puzzle Directions: Print out and label the part	of the ear.
		the main parts				
		that make up the		Answering short		
		ear.		questions about the		
				ear.	7	
					B. 6. WORD BANK	5. outer ear canal harmer
		Pupils will be able		Participating in puzzle	anvil auricle	
		to demonstrate				
		how the ear		activity to identify parts		

		works.		of the ear.		
18.	Energy	For pupils to	The ear and its parts are	Viewing a learning	Model of the ears.	Group work
		explain reasons	important. They can be cared for	video on how we care		
		why we should	as follows:	for the ear.		
	Care of the ear	care our ears.	- Never push things in our ears as		Pictures showing ways to care for the ears.	Compiling a folio
			this can damage the ear drum and lead to deafness.	Discussing various ways	to care for the ears.	
		For pupils to	and lead to dediness.	of how we can care for		Paper and
		become aware of	- Hairs in the ear keep out dirt.	the ear.	Learning video on how	pencil quiz.
		ways in which we can care for our	The outer end of the ear canal		to care for the ear.	
		ears.	can be cleaned by an oiled cotton swab or 'q-tip' Wax is produced in the ear canal to	Identifying some ways in which we can care	Treasure Hunt Game /	Game
		For pupils to be able to	clean and moisten it. Excess wax can cause partial deafness or '	the ear.	Fishing Game Proper Care for the Do not blow your nose too hard. Thi germs from your throat to go up the	s can cause
		demonstrate ways in which we	buzzing' in the ear and should be removed by a doctor or nurse.	Listing some ways to care the ear.	tube to your ears. When swimming or diving , protect to by wearing a cap or using earplugs.	
		care for the ears.	Avoid too loud sound as they can damage the ear drum and lead to deafness.	Dramatizing ways in which we can care for	Any ear problem should be consulte	d to a doctor
			Fishing Game Activity	the ear.		
			Pupils will be placed in groups			
			where they will be required to fish			

			for pictures in a box (fishing pond). Pupils will catch the fish then display it to the class. After displaying pupils will describe the pictures they would have caught as a fish. Each picture will describe either a good way or bad way of caring for the ear. After describing the picture, pupils will then state whether the way shown is a safe or bad way of caring for the ear.	Making posters to emphasize the care of the ear. Participating in Treasure hunt / Fishing Game.		
19.	Energy Light travels faster than sound.	For pupils to understand that light travels faster than sound.	Light travels faster than sound. For example, we would see the light of an approaching vehicle before we hear the sound of its engine. Also, we would see lightning before we hear the thunder.	Discussing topic. Talking about situations where one would see the light before hearing sound. Carry out experiment to show that light travels faster than sound. Activity should be done in the school	Whistle Pocket kerchief.	Group work Paper and Pencil Test Quiz Compile a Portfolio

	Human Eye Ar	Retina Optic nerve Macula Retinal blood vessels Vitreous body		yard. For example, one pupil blows a whistle and the other waves a pocket kerchief at the same time. Making observations. Stating which was observed first, the waving of the kerchief or sound of the whistle.		
19.	Energy	For pupils to	The eye is shaped like a ball. Light	Discussing topic	Model of eye.	Group work
	How we see. Care of the eye.	explain how the eye works for us to see. For pupils to understand why we should care our eyes.	comes into the eye from an object. Without light we cannot see. The light passes through the part of the eye called the pupil. The light is focused by the lens unto the back of the eye to form an image. This image is sent along a nerve to the brain where it is interpreted and we see the object we are looking at. Our eyes are very important. In caring them we should do the	Displaying and observing models or charts of the eye. Explaining how the eye works. Answering short questions about the eye. Discussing topic. Identifying some ways	Charts or diagram of the eye. Pictures Science Around Us Book 5 Model of eye. Charts or diagram of the eye. Pictures	Paper and Pencil Test Quiz Compile a Portfolio Group work Paper and Pencil Test Quiz

			following:	in which we can care	Science Around Us	Compile a
			-Never rub the eyes with hands.	the eye.	Book 5	Portfolio
	Investigating hov	clamp and stand white card C Card B Card C C C C C C C C C C C C C C C C C C C	 In bright light, protect eyes with sunglasses. Wash eyes with clean water. If you cannot see things clearly, have your eyes tested. If you need to wear spectacles, then wear them. 	Listing some ways to care the eye. Making posters to emphasize the care of the eye.		
	Annual	Know to answer	Topics taught during the term.	Reading and	Question Bank	Annual
20.	Examination	questions based	Answering questions on exams	answering questions	Resource Sample of	Examination
		on topics done	papers completed	Discussing questions	pupils' work	Oral Work
	Review of	during the term.				
	Annual	For pupils to				
	Examination	discuss ideas on				
		topic done for				
		Assessment				